

June 17, 2005

Ms. Terisha Tatter-Carson
Helping People Create Change Inc.
6355 Views Trace
Norcross, GA 30092

Dear Terisha:

It had been almost two years since I had a massage, and my body (and spirit) were both beginning to feel it. While there are many massage therapists, few understand and communicate the way that you did with me. In all honesty, when I left your office, I felt renewed.

You take the time to provide a warm and relaxing environment and I felt completely comfortable with your approach. You took time to listen to me, and then explained what you were doing and why each step of the massage. You monitored my comfort level with the massage pressure. You helped me understand what my body was trying to tell me!

Afterwards, you took the time to explain a few helpful exercises, demonstrating these and making sure I understood how to do them. You gave me some excellent follow up advice. What was most important to me is that you called me the day after just to make sure I was doing well, as we had done some deep muscle work that could potential cause some discomfort. Now how many other professionals take time to do that?

In summary, here is hoping I win the lottery soon because I would be a daily client of yours if I did. I felt completely at ease and trusting in your skills. I highly recommend your massage services to anyone who would benefit!

Warm regards,

Linda A. Travers, Ph.D.
Educational Director